## **Tourist Information Centers**

#### Kansai Tourist Information cener at Kansai International Airport

Tel.:+81-72-456-6025

Languages: Japanese, English, Chinese Hours: 8:30-20:30 (April-October)/9:00-21:00 (November-March)

#### NARA

#### **Nara Prefecture Information Center**

Languages: Japanese, English Hours: 10:00-17:00 4 Kasugano-cho, Nara City, Nara Prefecture

Tel.:+81-742-27-2003

Tel.:+81-742-27-2223

Tel.:+81-742-22-9821

**Nara City Tourist Center** Tel.:+81-742-22-5595 Languages: Japanese, English Hours: 9:00-21:00 (English until 19:00)

23-4 kamisanjyo-cho, Nara City, Nara Prefecture

**Nara City Tourist Information Center** 

Languages: Japanese, English Hours: 9:00-21:00 (English until 19:00)

1082 sanjyohonmachi,Nara City,Nara Prefecture

**JR Nara Station Tourist Information Center** 

Languages: Japanese, English Hours: 9:00-17:00

1-1 sanjyohonmachi, Nara City, Nara Prefecture

Kintetsu Nara Station Tourist Information Center Tel.:+81-742-24-4858

Languages: Japanese, English Hours: 9:00-17:00 28 higashimukinakamachi, Nara City, Nara Prefecture

#### **KYOTO**

### **Kyoto Tourist Information Center (Kyo Navi)**

Tel.:+81-75-343-0548 Languages: Japanese, English, Chinese and Korean Hours: 8:30 a.m. to 7:00 p.m. (Open all year round) 2nd Floor Kyoto Station, Karasuma, Shimogyo-ku, Kyoto City, Kyoto Prefecture

**Uji City Tourist Information Center** 

Tel.:+81-774-23-3334

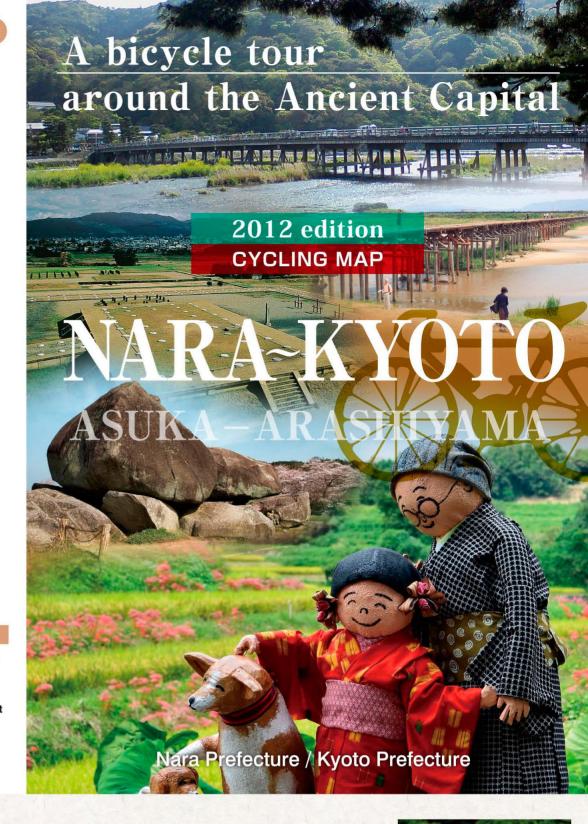
Languages:English Hours:9:00 a.m. to 5:00 p.m.(closed on year-end and New Year holidays) 2 Tougawa, Uji, Uji city, Kyoto Prefecture

#### **Publication**

Road Environment Division, Infrastructure Management Department, Nara Prefectural Government 630-8501 30 Noborioji-cho, Nara City, Nara Prefecture E-mail:doro-kankyo@office.pref.nara.lg.jp

Road Management Division, Construction Transportation Department, Kyoto Prefectural Government 602-8570 Yabunouchi-cho, Shimotachiuri-dori Shinmachi Nishi-iru, Kamigyo Ward, **Kyoto City, Kyoto Prefecture** 

発行: 奈良県 県土マネジメント部 道路環境課・京都府 建設交通部 道路管理課



# Plateaus and mountains Exploring Nara and Kyoto's Plateau

This is a fun route with many uphills and downhills used for various cycle events such as the "Tour of Japan, Nara Stage".

Enjoy cycling with the beautiful scenery of Nara and Kyoto in the background.

Recommended routes Other plateau routes Recommended route

from Asuka to Arashiyama

the last kilometer before the finish line being uphill the

entire way, make this course a true challenge for teams.



Gansenji Temple